

WEEK **1**

Allergen key:

May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION 1
MAIN

Cauliflower & Broccoli
Cheese
MI; G

Sausage & Mashed Potato,
with Peas & Sweetcorn
G; SD; MI

Roast Chicken, Roast
Potatoes, Yorkshire Pudding,
Seasonal Vegetables & Gravy
G; E; MI

Beef Meatballs with Italian
Tomato Sauce, Penne Pasta &
Garlic Bread
G; (S)

Salmon & Sweet Potato
Fishcake with Chips and
Peas or Baked Beans
G; F

OPTION 2
VEGETARIAN

Vegetable Supreme Pizza,
Potato Wedges & Baked
Beans
MI; G; S; (E)

Veggie Sausage & Mashed
Potato with Peas & Sweetcorn
CE; G; MI

Roast Quorn, Roast Potatoes,
Yorkshire Pudding,
Seasonal Vegetables & Gravy
G

Tomato & Herb Penne Pasta
with Garlic Bread
G; (S)

Vegetable Goujons with
Chips, Peas or Baked Beans

OPTION 3
BAKED POTATO

Baked Potato with Grated
Cheese MI; or Baked Beans
& Salad

Baked Potato with Grated
Cheese MI; or Baked Beans
& Salad

Baked Potato with Grated
Cheese MI; Baked Beans or
Tuna Mayo E; F & Salad

Baked Potato with Grated
Cheese MI; or Baked Beans
& Salad

Baked Potato with Grated
Cheese MI; or Baked Beans
& Salad

OPTION 4
COLD

Cheese Wrap G; MI
Ham Wrap G
Nachos
Carrot Sticks
Apple

Cheese Roll G; MI
Ham Roll G
Popcorn,
Cucumber Sticks,
Orange Wedges

Cheese Wrap G; MI
Ham Wrap G
Tuna Wrap G; E; F
Nachos, Carrot Sticks
Watermelon Wedge

Cheese Roll G; MI
Ham Roll G
Popcorn
Cucumber Sticks
Honeydew Melon

Cheese Wrap G; MI
Ham Wrap G
Nachos
Carrot Sticks
Apple

DESSERT

Chocolate Crunch
G; E

Flapjack with Fruit Wedge
G

Apple Crumble & Custard
G; MI

Victoria Sponge Tray Bake
G; E; MI

Fresh Fruit Selection

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.

Available everyday: Salad Options Available Daily.

WEEK 2

Allergen key:

May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION 1 MAIN

Margherita Pizza, Potato Wedges & Baked Beans
MI; C; S (E)

Pork & Apple Burger with Wedges & Garden Peas
G; SD; S; (SS)

Roast Chicken, Roast Potatoes, Yorkshire Pudding, Seasonal Vegetables & Gravy
G; E; MI

Beef Bolognaise with Penne Pasta & Garlic Bread
CE; G; (S)

Battered Fish Fillet with Chips & Peas or Baked Beans
G; F

OPTION 2 VEGETARIAN

Vegetable Supreme Pizza, Potato Wedges & Baked Beans
MI; C; S (E)

Vegetable Bean Burger, with Wedges & Garden Peas
G; S; (SS)

Roast Quorn, Roast Potatoes, Yorkshire Pudding, Seasonal Vegetables & Gravy
G; E; MI

Macaroni Cheese & Garlic Bread
G; MI; (S)

Southern Style Quorn Nuggets with Chips, Peas or Baked Beans
G

OPTION 3 BAKED POTATO

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; Baked Beans or Tuna Mayo E; F & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

OPTION 4 COLD

Cheese Wrap G; MI
Ham Wrap G
Nachos
Carrot Sticks
Apple

Cheese Roll G; MI
Ham Roll G
Popcorn
Cucumber Sticks
Orange Wedges

Cheese Wrap G; MI
Ham Wrap G
Tuna Mayo Wrap G; E; F
Nachos, Carrot Sticks
Watermelon Wedge

Cheese Roll G; MI
Ham Roll G
Popcorn
Cucumber Sticks
Honeydew Melon

Cheese Wrap G; MI
Ham Wrap G
Nachos
Carrot Sticks
Apple

DESSERT

Chocolate Cornflake Nest
G

Shortbread Biscuit & Fruit Wedge
G

Fresh Fruit Selection

Lemon Drizzle Sponge Cake
G; E

Ice Cream Sundae
MI

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.

Available everyday: Salad Options Available Daily.

WEEK 3

Allergen key:

May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION 1
MAIN

Margherita Pizza, Potato Wedges & Baked Beans
MI; C; S (E)

Sausage Roll, Mashed Potatoes & Baked Beans
G; MI; S; SD

Roast Pork, Roast Potatoes, Stuffing, Seasonal Vegetables & Gravy
G

Beef Lasagne with Garlic Bread & Salad
G; E; MI; (S)

Battered Fish Fillet with Chips & Peas or Baked Beans
G; F

OPTION 2
VEGETARIAN

Vegetable Supreme Pizza, Potato Wedges & Baked Beans
MI; C; S (E)

Vegan Sausage Roll, Mashed Potatoes & Baked Beans
G; MI; S; SD

Roast Quorn, Roast Potatoes, Stuffing, Seasonal Vegetables & Gravy
G

Vegetable Pasta Bake with Garlic Bread & Salad
G; MI; (S)

Vegetable Goujons with Chips & Peas or Baked Beans

OPTION 3
BAKED POTATO

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; Baked Beans or Tuna Mayo E; F; & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

OPTION 4
COLD

Cheese Wrap G; MI
Ham Wrap G
Nachos
Carrot Sticks
Apple

Cheese Roll G; MI
Ham Roll G
Popcorn
Cucumber Sticks
Orange Wedges

Cheese Wrap G; MI
Ham Wrap G
Tuna Wrap G; E; F
Nachos, Carrot Sticks
Watermelon Wedge

Cheese Roll G; MI
Ham Roll G
Popcorn
Cucumber Sticks
Honeydew Melon

Cheese Wrap G; MI
Ham Wrap G
Nachos
Carrot Sticks
Apple

DESSERT

Vanilla Crunch
G; E

Iced Sponge
G; E

Chocolate Pudding & Sauce
G; E; MI

Oaty Cookie & Fruit Wedge
G; (MI)

Fresh Fruit Selection

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.

Available everyday: Salad Options Available Daily.