

Mendham Primary School & Nursery
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Academy Head – Henry Huxtable
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Dear Parents and Carers

Our PSHE & SRE Programme in Year 5/6 Key Stage 2

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) course. This looks at many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

Sex and Relationship Education (SRE) is an important part of the PSHE course. We will be teaching lessons about SRE which will include topics such as (puberty; relationships and communication skills; pregnancy; and online safety.) During the course, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Some parts of SRE are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their children from all other parts of SRE if they wish to do so. However, we believe it is important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils may discuss such issues with each other outside the classroom — so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

Many parents and parent-related organisations support good quality SRE in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school. All materials used are available for you to browse through should you so wish.

Yours sincerely,

A handwritten signature in pink ink, appearing to read 'Mr Sam Norfolk'.

Mr Sam Norfolk
Class Teacher



Small Schools – Huge Ambitions



<http://www.mendhamprimaryschool.org.uk/>

<http://www.stedmundsprimary.org.uk/>