

OUR EARLY HELP OFFER

What is Early Help?



At Mendham Primary School, we recognise that sometimes family life can be complicated. You may have times where you need extra help and support. Early Help is about getting you and your family the right help at the right time. Talking to us when you have a worry that is affecting your child is an important first step.

What can I talk to the school about?

A wide range of issues such as concerns about attendance, behaviour, housing, bereavement, financial worries, mental health- in fact, any concerns you have that might be having a negative impact on your child. Sometimes we might suggest Early Help. For example, if we want to support you with attendance.



What support does the school offer?



We can offer advice on a range of concerns and signpost you to other services for help and support. In school, we can offer clubs such as breakfast and after school, bespoke interventions- this might be one to one or groups. We can support with attendance too.

Who do I speak to in school?

You can speak to any member of staff. Our Designated Safeguarding Leads are Nicola Jones, Molly Ball and Julie Rogers.



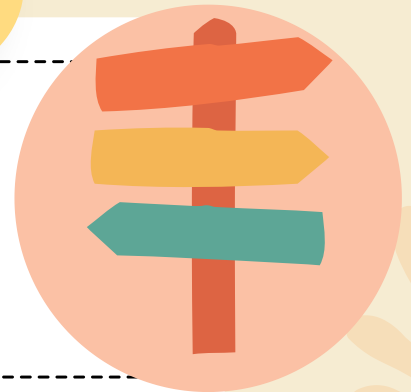


Working together

Sometimes we might work together to agree a plan. This will involve a meeting where we listen to what your needs are, your strengths, views and goals. We use this information to agree what actions need to happen to support you and your family. We will write this down and always share a copy with you. We will review together to check the plan is working.

What other support is available?

We might need to share the plan with the Early Help Team in Suffolk. They might feel you would benefit from some extra support such as Family Support Worker. We also work collaboratively with other agencies such as MHST. We will always talk to you before referring to other agencies.



Useful contacts in the local area

Call our Health Business Centre on 0345 6078866 or email:

childrenshealth@suffolk.gov.uk

Alternatively, contact Nicola Jones by email

head.mendham@consortiumtrust.org.uk and she can do a

School Nurse Referral Form

How do we support you and your child to improve attendance?

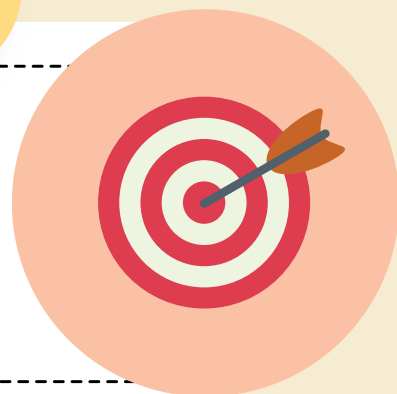
Universal support



- Attendance Policy
- Whole school approach to wellbeing
- Breakfast and After school clubs
- Daily meet and greet
- Wellbeing display boards with resources and useful information for parents
- Termly Pupil wellbeing surveys

Targeted support

- Meeting with Academy Heads to identify additional support required
- Soft starts
- Weekly pupil drop ins with Mental Health lead
- Discussion with SENDCo about possible additional needs
- School nursing referrals
- Emotionally based school avoidance plan



Specialist Support

- Referrals to external agencies such as Primary Mental Health Workers
- Pastoral interventions such as ELSA
- EHAP (Early Help Assessment Plans)
- Referral to Early Help

